## Hi Friend!

When I found that our family was characterized more by anger, frustration, and discord than love, joy, and peace, I knew that I needed to lead the way in intentionally growing these positive traits in our family. In order to not let the days be full of only discipline and correction, we needed ideas for positive things we could do. We needed to set out in our days with purpose to do the good things and not just try and avoid the bad.

This fall leaves activity was one of the ideas I came up with to continue to build our positive family culture.

It's simple! Just cut out the leaves and hang them on the wall (make a trunk for them if you want). Then, each day day take one or two and complete the challenge written on it. Alternatively, you could store them in a jar and hang them up after completing them. We are going to take them off the top of our tree and place them at the bottom – watching the love "fall" down onto our family.

All the challenges are simple enough for young children and easy enough to do even with a busy schedule. There is also a set of blank leaves to add your own challenges!

I hope this fun fall activity helps your family be more intentional in building those good characteristics!

Blessings,

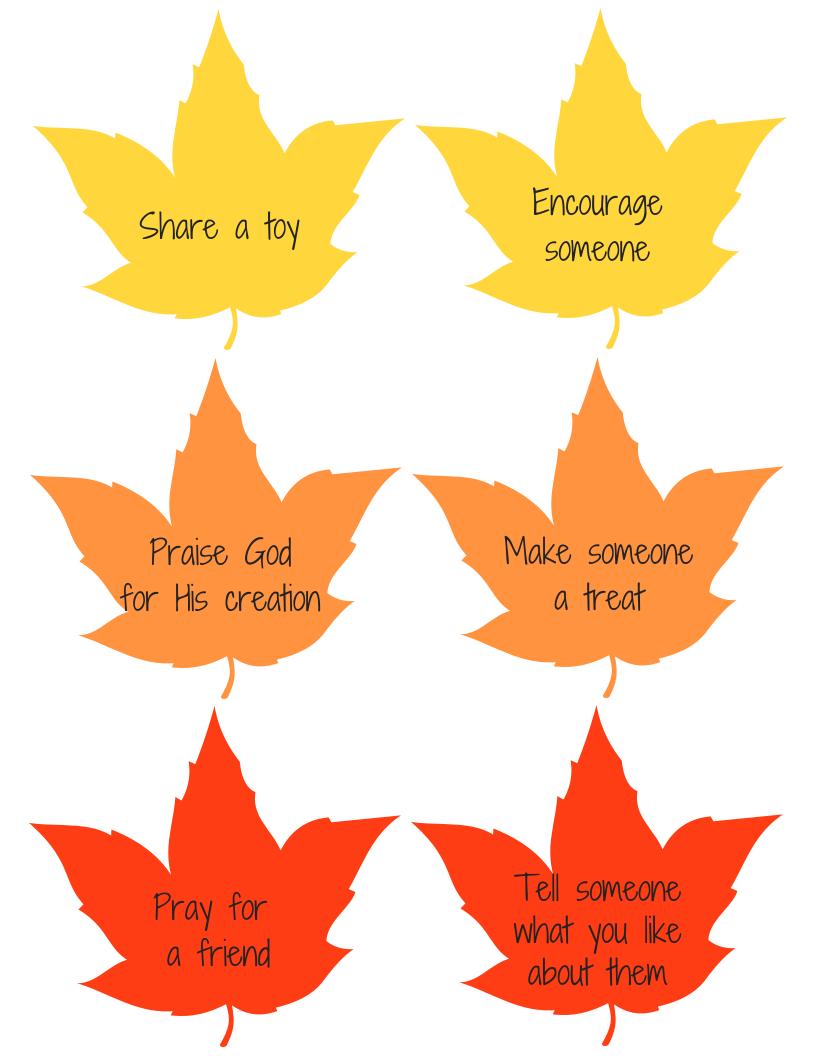
Liz

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Let someone else take a turn first Name five things you love

Say three things you are thankful for

Let someone else choose a show to watch

Let someone else choose the music

Praise God for his forgiveness







