

# Hi Friend!

When I found that our family was characterized more by anger, frustration, and discord than love, joy, and peace, I knew that I needed to lead the way in intentionally growing these positive traits in our family. In order to not let the days be full of only discipline and correction, we needed ideas for positive things we could do. We needed to set out in our days with purpose to do the good things and not just try and avoid the bad.

This fall leaves activity was one of the ideas I came up with to continue to build our positive family culture.

It's simple! Just cut out the leaves and hang them on the wall (make a trunk for them if you want). Then, each day take one or two and complete the challenge written on it. Alternatively, you could store them in a jar and hang them up after completing them. We are going to take them off the top of our tree and place them at the bottom - watching the love "fall" down onto our family.

All the challenges are simple enough for young children and easy enough to do even with a busy schedule. There is also a set of blank leaves to add your own challenges!

I hope this fun fall activity helps your family be more intentional in building those good characteristics!

Blessings,


Liz

[www.steadfastfamily.com](http://www.steadfastfamily.com)






Share a toy



Encourage  
someone




Praise God  
for His creation




Make someone  
a treat



Pray for  
a friend



Tell someone  
what you like  
about them




Give someone  
a hug



Thank God for  
sending Jesus




Pray for a  
family member




Tell someone  
something they  
are good at




Do a chore  
for someone



Give someone  
a surprise



Tell someone  
you love them




Make someone  
laugh



Pray for your  
town



Play a game  
someone else  
likes




Draw a picture  
for someone




Write someone  
a kind note



Tell someone  
thank you



Be someone's  
helper



Offer to do  
someone's job



Read a story to  
someone




Tell someone  
something they  
are good at



Praise God for  
his kindness




Let someone  
else take a  
turn first



Name five things  
you love



Say three things  
you are  
thankful for



Let someone else  
choose a show  
to watch




Let someone  
else choose the  
music



Praise God for  
his forgiveness



Thank God  
for the Bible




Invite someone to  
play with you



Do a good job  
using your  
manners



Share your  
favorite part  
of the day



Tell someone  
what they are  
getting better at



Enjoy God's  
beautiful  
creation



Pray for  
someone far  
away




Pray for someone  
in your home



Make something  
beautiful for  
your home



Be extra  
patient today



Tell someone  
what you love  
about them




Sing a joyful  
song






Have a dance party




Call someone a good name



Tell God thank you for your family



Forgive others



Tell God thank you for your friends



Make up a game to play with someone

