# **FOUNDATION**

# because steadfast families are built on the rock

"Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock."

-Matthew 7:24-25

Family Bible reading and worship plan

Month 2

I cannot count how many times have I gotten in a family Bible time slump because I need to "get everything ready" but kept pushing it off. My good intentions were repeatedly thrown off by the simple speed bump of creating a plan. Odds are, you've found yourself in a similar situation, so that's why I am sharing these Bible time plans with you. All the planning is already done, so all you have to do is get started!

If you follow along with us doing these monthly plans, we will go through the major stories of the Bible together. This plan is perfect for families with younger kids, or those who do not have much experience with the Bible. Parents and older children may want additional personal Bible study time to dig deeper into the text.

This plan moves SLOW and is kept SIMPLE. The goal is building a habit of getting in the word together, letting God's word seep into our lives, not trying to race through a lengthly plan or to-do list. This helps avoid overwhelm and makes it easy to jump back in the saddle when life inevitably gets you off track. It's also only planned for five days of the week. This way if you miss a day, you can easily catch up. If you need something for an additional day, try reading a Psalm, Proverb, or story from the life of Jesus.

When having your Bible time together as a family, resist the temptation to over-explain. Answer questions, yes! Give some info, sure! But don't turn it into a long (and boring!) lecture. Let your children dwell on the Word and use their own minds to dig in.

For adults and older children who want to dig deeper into the text, I highly recommend the free resource <u>biblehub.com</u> (find an in-depth tutorial <u>HERE</u>).

#### Here are how the plans are set up...

Each month has the following components:

- 1. *A children's Bible song.* While even the toddler enjoys singing along to hymns, classic children's Bible songs are also too fun to pass up.
- 2. A hymn. They've been around forever for a reason. They are easy to sing along with and pack a potent punch of truth. Singing hymns is one the easiest ways I've found to introduce some difficult theological topics.

Each week has the following components:

- 1. Bible story to be read from a picture Bible for the younger members of the family. Read the same story every day that week I promise they won't get sick of it! (You can also read the same story out of multiple children's Bibles if you have them) If you'd like, you can also use <u>Play Through the Bible</u>. The stories covered in this plan can be found in most children's Bibles, but <u>THIS ONE</u> is our favorite. The Beginners Bible also has a large selection of stories.
- 2. Bible passage to be read. A suggested daily breakdown is given, but feel free to adjust to your family. This way, if a day is skipped, you can easily reconfigure! Certain parts of stories have been edited out for appropriateness. I have added notes in these instances and it is up to a parent's discretion when to introduce these aspects to their children.

Your daily routine might look something like this:

- 1. Pray and/or say the Lord's Prayer
- 2. Read the story from the picture Bible (dismissing wiggly littlest ones if need be at this point)
- 3. Briefly review the previous reading
- 4. Read the passage
- 5. Ask your child what they remember from the passage or what stood out to them
- 6. Sing (by now the little ones will definitely be getting wiggly, or will have wandered off, so they can get up and dance!)

You can read more about crafting your own Bible time with kids <u>HERE</u>. If you have any questions, prayer requests, or I can be of any assistance to you, please don't hesitate to email me - <u>liz@steadfastfamily.com</u>

If you are a mom of littles I also want to invite you to join our encouraging facebook community HERE.

Now let's get started!

#### **MONTH TWO**

**Hymn -** Come Thou Fount **Bible Song -** Jesus Loves the Little Children

#### Week One

ISAAC AND REBEKAH

Day One - Genesis 24:1-14 Day Two - Genesis 24:15-27 Day Three - Genesis 24:28-41 Day Four - Genesis 24:42-55 Day Five - Genesis 24:56-67

#### Week Two

**JACOB** 

Day One - Genesis 25:19-34 Day Two - Genesis 27:1-13 Day Three - Genesis 27:14-30 Day Four - Genesis 27:30-41 Day Five - Genesis 27:42-28:9

#### **Week Three**

**JACOB CONTINUED** 

(Note: I stuck to the highlights of Jacob's story, skipping the drama in the middle. While these things are important to Jacob's story and his development, we will delve into them when my son is a little older.)

Day One - Genesis 28:10-22 Day Two - Genesis 29:1-14 Day Three - Genesis 32:1-16 Day Four - Genesis 32:22-32 Day Five - Genesis 33:1-11

#### **Week Four**

JOSEPH

(Note: If you also choose to skip the story of Joseph and Potiphar's wife, just give a brief summary of Joseph being accused of something he did not do and then pick up in 39:19)

Day One - Genesis 37:1-11 Day Two - Genesis 37:12-36 Day Three - Genesis 39:19-40:8 Day Four - Genesis 40:9-23 Day Five - Genesis 40:1-16

## **COME THOU FOUNT**

by Robert Robinson, Martin Madan

Come, thou Fount of every blessing, tune my heart to sing Thy grace; streams of mercy, never ceasing, call for songs of loudest praise.

Teach me some melodious sonnet, sung by flaming tongues above.

Praise the mount I'm fixed upon it mount of God's redeeming love.

Here I find my Ebenezer; hither by Thy help I've come; and I hope, by Thy good pleasure, safely to arrive at home. Jesus sought me when a stranger, wand'ring from the fold of God; He, to rescue me from danger, interposed his precious blood.

Oh, to grace how great a debtor daily I'm constrained to be!
Let Thy goodness, like a fetter, bind my wand'ring heart to Thee: prone to wander, Lord, I feel it, prone to leave the God I love; here's my heart, O take and seal it; seal it for Thy courts above.

A great site for more information on hymns is hymnary.org

### JESUS LOVES THE LITTLE CHILDREN

Words by C. Herbert Woolston, music by George F. Root

Jesus loves the little children
All the children of the world
Red, brown, yellow
Black and white
They are precious in His sight.
Jesus loves the little children
Of the world.

Jesus died for all the children All the children of the world Red, brown, yellow Black and white They are precious in His sight. Jesus died for all the children Of the world.

Jesus rose for all the children All the children of the world Red, brown, yellow Black and white They are precious in His sight. Jesus rose for all the children Of the world.